

For the safety of yourself and others, please wear a mask when accepting your meals.

Menu may change without notice. Special Diet meals may be different than stated on the menu to meet dietary requirements. If you are on a special diet and have specific questions, please contact the Nutrition Department at (716) 822-2002. **If you need to cancel your meals, please call (716) 822-2002 by 2:00 p.m. the day prior to delivery.**

If you receive one meal per day, you will be served the hot meal. You will only be served the cold meal if you receive two meals per day.

The essential work done by FeedMore WNY is made possible by generous financial support from community members, local foundations and corporations, as well as through grants from the federal government, the New York State Department of Health and Office for the Aging, Erie County’s Departments of Senior and Social Services and Niagara County’s Office for the Aging. For more information

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
August 28	August 29	August 30	August 31	1 – Labor Day Meal
Hot Meal: Meatballs with Tomato Sauce and Mozzarella, Cauliflower, Green Beans Cold Meal: Yogurt and Oatmeal	Hot Meal: Buffalo Style Breaded Chicken Breast, Fiesta Corn, Seasoned Spinach Cold Meal: Tuna Pouch and Saltine Crackers	Hot Meal: Turkey Tetrastini, Broccoli, Carrots, Penne Pasta Cold Meal: Hard Boiled Eggs and Saltine Crackers	Hot Meal: Beef Stew, Vegetables in Stew, Mashed Potatoes and Biscuit Cold Meal: Yogurt and Cereal	Hot Meal: Breaded Chicken Drumsticks, Corn, Au Gratin Broccoli, White Bread Cold Meal: Peanut Butter & Jelly and Graham Crackers
4 – Labor Day Holiday	5	6	7	8
Closed in Recognition of Labor Day	Hot Meal: Beef Cubes and Gravy, Scalloped Potatoes, Brussels Sprouts Cold Meal: Yogurt and Muffin	Hot Meal: Boneless Chicken Breast with Pineapple Salsa, Corn, Broccoli Florets, Rice Pilaf Cold Meal: Hard Boiled Eggs and Saltine Crackers	Hot Meal: Hamburger with Gravy, Tater Tots, Carrots Cold Meal: Tuna Pouch and Club Crackers	Hot Meal: Breaded Chicken Breast with Tomato Sauce, Wax Beans, Peas with Red Pepper, Pasta Cold Meal: Cottage Cheese and Graham Crackers
11	12	13	14	15
Hot Meal: Steakhouse Burger with Gravy, Mashed Potato, Peas Cold Meal: Yogurt and Cereal	Hot Meal: Hot Dog with Baked Beans & Ketchup, Macaroni & Cheese, Zucchini Cold Meal: Tuna Pouch and Club Crackers	Hot Meal: Vegetable Quiche with Cheese Sauce, Green Beans, Harvard Beets Cold Meal: Chicken Pouch and Saltine Crackers	Hot Meal: Chicken Breast with Herb Gravy, Sweet Potatoes, Broccoli & Cauliflower Cold Meal: Hard Boiled Eggs with Wheat Bread	Hot Meal: Chili Con Carne, Carrots, White Rice, Corn Bread Cold Meal: White American Cheese and Wheat Bread
18	19	20	21	22 – Welcome Fall
Hot Meal: Pork Ribette with BBQ Sauce, Cheesy Diced Potatoes, Seasoned Spinach, Hot Dog Bun Cold Meal: Two Hard Boiled Eggs and Wheat Bread	Hot Meal: Turkey A La King, Sweet Potatoes, Cauliflower, Rice Cold Meal: Tuna Salad with Multigrain Bread	Hot Meal: Beef Macaroni Casserole, California Mixed Vegetables, Corn, Italian Bread Cold Meal: Cooked Chicken Breast with Wheat Bread	Hot Meal: Cabbage Roll with Savory Sauce, Ranch Mashed Potatoes, Green Beans, Rye Bread Cold Meal: Turkey with Wheat Bread	Hot Meal: Breaded Pork Chop with Gravy, Mashed Potatoes, Peas with Pearl Onions, Apple Pie Cold Meal: Chicken Salad Wheat Bread
25	26	27	28	29
Hot Meal: Cheese Ravioli with Tomato Meat Sauce and Mozzarella, Cauliflower, Seasoned Summer Squash Cold Meal: Peanut Butter & Jelly with Wheat Bread	Hot Meal: Breaded Chicken with Gravy, Cheesy Diced Potatoes, Carrots, Wheat Dinner Roll Cold Meal: Egg Salad with Wheat Bread	Hot Meal: Pork Stew, Mashed Potatoes, Green Beans, Biscuit Cold Meal: Turkey Salad with Italian Bread	Hot Meal: Swedish Meatballs with Creamy Swedish Gravy, Peas, Mixed Vegetables, Spiral Pasta Cold Meal: Chicken Salad with Cranberries and Multigrain Bread	Hot Meal: Ancho Grilled Chicken Fajita with Peppers, Onions, Salsa & Cheddar, Spanish Rice, Corn Cold Meal: Meatloaf with White Bread